

## The Benefits of Adversity in my Life

(1) **Adversity is Painful.** Suffering is hard; it is never easy. Regardless of what we know and how hard we apply the principles, it is going to hurt (cf. 1 Pet. 1:6—"distressed" = *lupeo*, "to cause pain, sorrow, grief").

(2) **Adversity is Perplexing.** Suffering is somewhat mysterious. We may know some of the theological reasons for suffering from Scripture, yet when it strikes, there is still a certain mystery. Why now? What is God doing? Suffering is designed to build our trust in the Almighty.

(3) **Adversity is Purposeful.** Suffering is not without meaning in spite of its mystery. It has as its chief purpose the formation of Christ-like character (Rom. 8:28-29).

And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose. 29 For whom He foreknew, He also predestined to become conformed to the image of His Son, that He might be the first-born among many brethren; (Romans 8:28-29)

(4) **Adversity Proves (tests) Us.** "Trials" in James 1:2 is the Greek *peirasmos* and refers to that which examines, tests, and proves the character or integrity of something. "Testing" in this same verse is *dokimion* which has a similar idea. It refers to a test designed to prove or approve. Suffering is that which proves one's character and integrity along with both the object and quality of one's faith. Compare 1 Peter 1:6-7 where the same Greek words are used along with the verb *dokimazo* which means, "put to the test," "prove by testing as with gold."

(5) **Adversity is a Process.** As a process, it takes time. The results God seeks to accomplish with the trials of life require time and thus also, endurance. No instant maturity.

Romans 5:3-4 3 And not only this, but we also exult in our tribulations, knowing that tribulation brings about perseverance; and perseverance, proven character; and proven character, hope;

James 1:3-4 3 knowing that the testing of your faith produces endurance. And let endurance have its perfect result, that you may be perfect and complete, lacking in nothing.

(6) **Adversity is a Purifier.** It causes me to lose the carnality in my life. None of us will ever be perfect in this life.

Philippians 3:12-14 12 Not that I have already obtained it, or have already become perfect, but I press on in order that I may lay hold of that for which also I was laid hold of by Christ Jesus. 13 Brethren, I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and

reaching forward to what lies ahead, 14 I press on toward the goal for the prize of the upward call of God in Christ Jesus.

**(7) Adversity Provides Opportunity.** Suffering provides opportunity for God's glory, our transformation, testimony, and ministry, etc. God gets the glory when people see how we relied upon Him.

**(8) Adversity Requires Our Cooperation.** Suffering requires the right response if it is to be successful in accomplishing God's purposes. "We all want the product, character; but we don't want the process, suffering." Because of our make up as human beings, we can't have one without the other.

**(9) Adversity is Predetermined or Appointed.**

1 Peter 1:6 In this you greatly rejoice, even though now for a little while, if necessary, you have been distressed by various trials,

1 Peter 4:12 Beloved, do not be surprised at the fiery ordeal among you, which comes upon you for your testing, as though some strange thing were happening to you;

**(10) Trials are Inevitable.** Not if >>>When?

1 Thessalonians 3:3 so that no man may be disturbed by these afflictions; for you yourselves know that we have been destined for this.

1 Peter 4:19 Therefore, let those also who suffer according to the will of God entrust their souls to a faithful Creator in doing what is right.

**(11) Adversity is a Struggle.** It's going to be a battle all the way. That's why they are called "trials" and "testings."

In order to handle suffering with inner joy and tranquillity, we must be able to look ahead to God's purposes and reasons for suffering. This requires faith in the eternal verities of God.

## Look at the blessings of affliction (Trials) Psalm 119

Before affliction	Straying and ignoring (vs. 67a)
During and in affliction	Learning and turning (vs. 71, cf. vs. 59)
When under affliction we need to:	(1) Determine Causes if we can (Is it because of something I have done?) (2) Determine Objectives (What is God wanting to do in my life or in others?) (3) Determine Solutions (How does God want me to handle this?)
After affliction	(1) Knowing and changing (vss. 67b, 97-102) (2) Resting and valuing (vss. 65, 72)

We must understand God's chief purpose for our lives is to be conformed to the image of Christ and He has determined in His plan to use suffering for our spiritual development. If we are going to endure suffering and the trials of life, however, we must also understand and believe in the other purposes and reasons for suffering.

### Purposes and Reasons for Adversity or Trials in my Life

(1) **We have opportunity to be a Witness & a Testimony** (2 Tim 2:8-10; 2 Cor. 4:12-13; 1 Pet. 3:13-17). When believers handle suffering joyfully and with stability, it becomes a marvelous testimony to the power and life of Christ that we claim and name. Suffering provides key opportunities to manifest and magnify the power of God through His servants in order to verify and confirm the messenger and his message. It provides opportunities to reveal our credentials as ambassadors of Christ (1 Kings. 17:17-24; John 11:1-45). This includes the following areas:

- a. To glorify God before the angelic world (Job 1-2; 1 Pet. 4:16).
- b. To manifest the power of God to others (2 Cor. 12:9, 10; John 9:3).
- c. To manifest the character of Christ in the midst of suffering as a testimony to win others to Christ (2 Cor. 4:8-12; 1 Pet. 3:14-17).

(2) **We learn to develop our capacity and sympathy in comforting others** (2 Cor. 1:3-5).

(3) **We learn to keep down pride** (2 Cor. 12:7). The Apostle Paul saw his thorn in the flesh as an instrument allowed by God to help him maintain a spirit of humility and dependence on the Lord because of the special revelations he had seen as one who had been caught up to the third heaven.

(4) **Trials become a training tool.** God lovingly and faithfully uses suffering to develop personal righteousness, maturity, and our walk with Him (Heb. 12:5f; 1 Pet. 1:6; Jam. 1:2-4). In this sense, suffering is designed:

- a. **As discipline for sin** to bring us back to fellowship through genuine confession (Ps. 32:3-5; 119:67).

- b. **As a pruning tool** to remove dead wood from our lives (weaknesses, sins of ignorance, immature attitudes and values, etc.) The desired goal is increased fruitfulness (John 15:1-7). Trials may become mirrors of reproof to reveal hidden areas of sin and weakness (Ps. 16:7; 119:67, 71).
- c. **As a tool for growth** designed to cause us to rely on the Lord and His Word. Trials test our faith and cause us to use the promises and principles of the Word (Ps. 119:71, 92; 1 Pet. 1:6; Jam. 1:2-4; Ps. 4:1 [The Hebrew of this passage can mean, "You have enlarged, made me grow wide by my distress"]). Suffering or trials teach us the truth of Psalm 62:1-8, the truth of learning to "wait on the Lord *only*."
- d. **As a means of learning what obedience really means.** It becomes a test of our loyalty (Heb. 5:8). Illustration: If a father tells his son to do something he likes to do (i.e., eat a bowl of ice cream) and he does it, the child has obeyed, but he hasn't really learned anything about obedience. If his dad, however, asks him to mow the lawn, that becomes a test and teaches something about the meaning of obedience. The point is, obedience often costs us something and is hard. It can require sacrifice, courage, discipline, and faith in the belief that God is good and has our best interests at heart regardless of how things might appear to us. Regardless of the reason God allows suffering into our lives, rarely does it not reveal areas of need, weaknesses, wrong attitudes, etc., as it did in Job.

Suffering itself is not the thing that produces faith or maturity. It is only a tool that God uses to bring us to Himself so we will respond to Him and His Word. It forces us to turn from trust in our own resources to living by faith in God's resources. It causes us to put first things first. Ultimately, it is the Word and the Spirit of God that produces faith and mature Christlike character (Ps. 119:67, 71).

James 1:2-4; 1 Pet. 1:6-7: The key word is "the proof of our faith." "Proof" is the word *dokimion* which looks at both the concept of testing which purifies, and the results, the proof that is left after the test. The Lord uses trials to test our faith in the sense of purifying it, to bring it to the surface, so we are forced to put our faith to work.

- e. **Trials cause me to have a proper perspective on life.**

I see what is really important. What God sees as important.

f. **Trials cause me to put things in proper order of importance.**

**(5) We learn to be more dependant on the grace and power of God.** To cause us to walk by God's ability, power, and provision rather than by our own (2 Cor. 11:24-32; 12:7-10; Eph. 6:10f; Ex. 17:8f). It causes us to turn from our resources to His resources.

**(6) We learn manifest the life and character of Christ (The Fruit of the Spirit)** (2 Cor. 4:8-11; Phil. 1:19f). This is similar to point (4) above with more emphasis on the process and defining the objective, the production of the character of Christ. This has both a negative and a positive aspect:

- a. **Negative: Suffering helps to remove impurities from our lives** such as indifference, self-trust, false motives, self-centeredness, wrong values and priorities, and human defense and escape mechanisms by which we seek to handle our problems (man-made solutions). Suffering in itself does not remove the impurities, but is a tool God uses to cause us to exercise faith in the provisions of God's grace. It is God's grace in Christ (our new identity in Christ, the Word and the Holy Spirit) that changes us. This negative aspect is accomplished in two ways: (1) **When out of fellowship with the Lord: Suffering becomes discipline from our heavenly Father** (Heb. 5:5-11; 1 Cor. 11:28-32; 5:1-5). This involves **known sin**, rebellion and indifference to God. (2) **When in fellowship: Suffering becomes the loving and skillful handy work of the Vine Dresser to make us more productive.** It involves **unknown sin**, areas we may not be aware of, but that are nevertheless hindering our growth and fruitfulness. In this case, suffering often constitutes mirrors of reproof (John 15:1-7).
- b. **Positive:** when believers live under suffering joyfully (i.e., they endure and keep on applying the promises and principles of the faith), Christ's life or character will be more and more manifested as they grow through the suffering (2 Cor. 4:9-10; 3:18). This means trust, peace, joy, stability, biblical values, faithfulness, and obedience in contrast to sinful mental attitudes, blaming, running, complaining, and reactions against God and people.

**(7) We broaden our ministries** (Philippians 1:12-14 with 4:5-9). In the process of producing Christian character and enhancing our testimony to others, **suffering often opens up doors for ministry we could never have imagined.** Paul's imprisonment (chained daily to Roman soldiers in his own house) resulted in the spread of the gospel within the elite imperial praetorian guard. The Apostle was undoubtedly continuing to rejoice in the Lord, but if he had been complaining, sulking, and bitter, his witness would have been zero. Joseph in prison ministered to the Butler and the Baker. Gen. 40.4 "He Served"

**(8) It causes me to have close "Fellowship" with Christ**

Phil 3:8-10

Yet indeed I also count all things loss for the excellence of the knowledge of Christ Jesus my Lord, for whom I have suffered the loss of all things, and count them as rubbish, that I may gain Christ and be found in Him, not having my own righteousness, which is from the law, but that which is through faith in Christ, the righteousness which is from God by faith; that I may know Him and the power of His resurrection, and the fellowship of His sufferings, being conformed to His death,

**(9) When I go through Trials it makes me long for Heaven.**

No more tears strife, pain etc.

Experience no more pain, tears, sorrow, old sin nature, or sickness.

**(10) When I endure (persevere) through the trial I am reward eternally.**

James 1:12 Blessed is the man who endures temptation; for when he has been approved, he will receive the crown of life which the Lord has promised to those who love Him.

**(11) After I have been through the Trial I see God bigger in my own eyes. I feel there is nothing I cannot place in His hands. I feel like stepping out in faith and doing more for the Lord.**

**It provides an opportunity for God to show Himself strong on my behalf. Tool for Growth.**

2 Chr 16:9 "For the eyes of the LORD run to and fro throughout the whole earth, to show Himself strong on behalf of those whose heart is loyal to Him.

God is looking for those who will not back down from the trial & continue to trust Him>> allowing Him to prove how faithful He is. He is looking for those who will not turn and run or leave bridges to go back.

**(12) I see God a little more clearly.**

Job 42:5 "I have heard of You by the hearing of the ear, but now my eye sees You.

Don't waste the Time of Adversity God has given you!